



MY DAY AT
DJANANGMUM PRESCHOOL

Jingi Walla

welcome to Djanangmum Preschool

OUR DAILY RHYTHM

9am	Children arrive and preschool opens
9am -9.15am	Acknowledgement of country and morning check in
9.15am	Outdoor learning and play- children must wear hats and sunscreen.
10.40-10.50am	Pack away and transition to indoor learning
10.50am	Shared story and intentional teaching opportunity
11.15am	Lunch
11.35am-12pm	Music and movement
12noon	Inside provocations and experiences
1.30pm	Pack up inside.
1.40pm	Numeracy/ whole group intentional teaching
2pm	Crunch and sip afternoon tea
2.15pm	Rest and relaxation
2.40pm	Small world play experiences or outside play (depending on UV index rating)
3pm	Final children are collected, and preschool concludes for the day.
3-3.15pm	Educators restore the learning space and engage in a daily reflection meeting

The delegated time frames are flexible as we respond to the children's interests and needs.

QA1 Educational program and practice

Hey Parents!

This is our Daily Rhythm. You might like to talk your child through it, to help them understand what to expect at preschool.



I am going to Djanangmum
Preschool.



We learn and play together on
Bundjalung Land.



Aunty Belinda (AEO)

My teachers take care of me and are there to help me if I need.

Other big people are all around helping keep our preschool clean, safe and a fun space to be!



Ms Charnock (Teacher)



Ms Jodie (SLSO)



Ms Roalfe (Teacher)

I will make lots of new friends,
and might even find friends I've seen before!



Sometimes we walk together to big school.
When I am in kindergarten, I will go there.
Our school is called Casino Public School.



We sit together in our yarning circle.



Boogal Mulligum (Good Morning)
preschool friends!

We investigate, explore and learn together.
There is always something fun to do!





We learn to take care and connect with our land.



We learn to take pride in our culture.



We learn to take care of our belongings.



When I arrive at preschool, I do my special morning jobs. My bag has a special place and my lunch box and water bottle do too. My hat goes in my basket.

We learn to take care of our bodies.



I can use the toilet when I need. My teachers and friends give me privacy.



I can drink from my water bottle when I'm thirsty.



I can find a tissue at the tissue station and blow my nose by myself!



I can lay or sleep in our quiet space whenever I need a rest.
Ninga na (quiet).



When I play outside, I wear my hat
and put on my own sunscreen.



We wash hands before we eat and
after messy play.



At lunchtime, I find my lunchbox and
sit around the table with my friends.

Healthy food gives me energy to play
and learn!

I might even find some of these
yummy foods in my lunchbox!

Hey Parents!

At Djanangmum Preschool, we promote
healthy eating and movement.
You might find some great ideas for
packing your child's lunch on this page.

Pack your child a **HEALTHY LUNCH BOX**

Choose a variety of foods from each food group



Fruit



Vegetables



Dairy



Wholegrains



Lean meat
& alternatives



A Healthy Lunch Box



MAKE WATER
YOUR DRINK



PACK ICE BRICKS
TO KEEP FOOD
COOL



USE A THERMOS
TO KEEP FOOD
WARM



NSW
Health

After rest time, it's time for a little play outside before I go home. Moving our bodies outside helps me grow healthy and strong.



Boogal Yowan (Good Afternoon)!
See you tomorrow preschool friends!



We can't wait to
see you soon!



Our Monday - Tuesday group is
the Jungbung group



Our Thursday-Friday group is the
Gurrahman group

What group will you be in?

This book was created to support the transition of our jarjums to Casino Public School - Djanangmum Preschool.

We know starting preschool can be a big time for our jarjums and we want to ensure they have the smoothest transition possible.

If you need any additional support transitioning your child, our team is more than happy to help.

